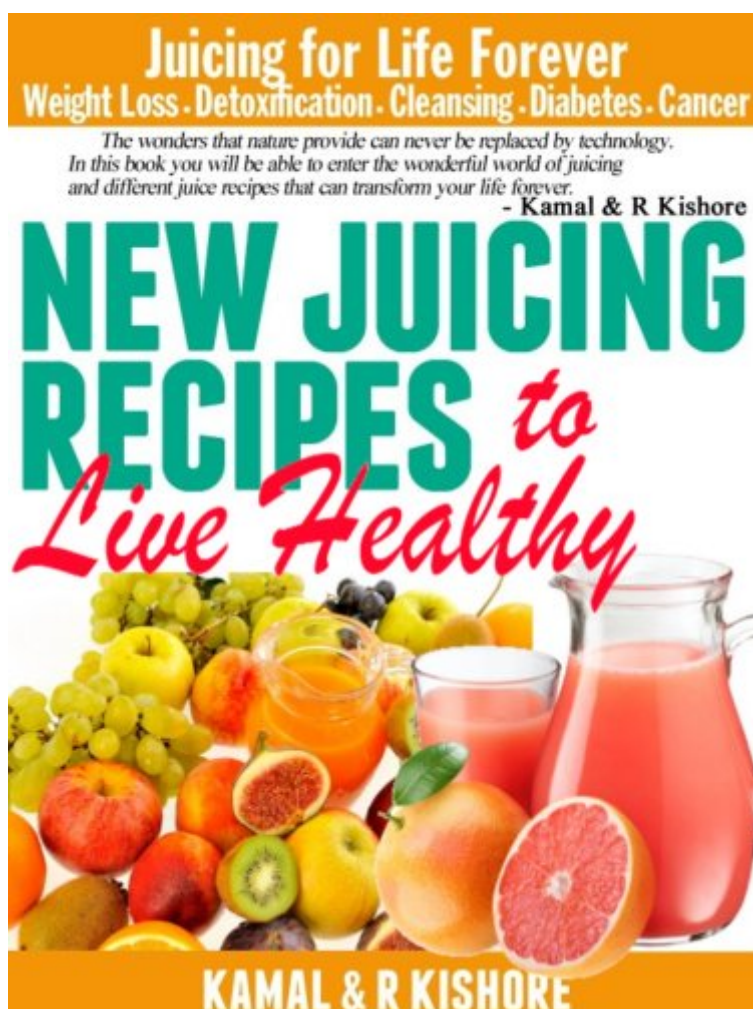


The book was found

New Juicing Recipes To Live Healthy: Best Vegetables & Fruits Juicing Diet Book For Weight Loss, Fasting, Detoxification, Diabetes, Cleanse & Cancer(Updated)





Synopsis

Holiday Offer Best Juicing Recipes Book for Healthy Living

The wonders that nature provide can never be replaced by technology. At the end of the day, nature is still the one that can satisfy the human body because it is the only one that can produce foods that contain the best nutrients and vitamins to boost health and promote wellness. Yes, commercially-made juices might be delicious, but they will just satisfy your tastebuds and not your organs and systems. No matter how you turn the world upside down, nothing will be able to replace naturally made juice made from 100% fruits and vegetables. They are not just delicious, but contain different nutrients and vitamins that can help you live healthier and longer. Why you need to go with this "New Juicing Recipes Book" • If you love making a natural, delicious and refreshing juice, then reading this juice recipes book is a good decision. In this e-book, you will be able to enter the wonderful world of juicing. Every page is loaded with rich information about juicing and different juice recipes that you can try making every day. Apart from that, reading this e-book will also give you a chance to unlock juicing secrets such as juicing recipes for weight loss, vegetable juice recipes, juice fasting recipes, and green juicing recipes. While you are exploring the book, you will also discover that juicing for health does not just entail drinking juice to prevent the risk of diseases. In fact, it can do more than that. If you are on a diet, you will be thanking juicing for the rest of your life. By simply undergoing a regular juicing diet and learning the art of vegetable juicing, it won't be long before you achieve a sexy supermodel body. This Juicing Recipes Book You will Get • Fruits and Vegetable Juicing Diet Plan Recipes for Weight Loss • Detox and Cleanse Juice Recipes for Detoxification • Juice Diet Recipes for Diabetes • Juicing Recipes for Various Types of Cancer (Breast Cancer, Prostate Cancer, Lung Cancer) • 100 of Juicing Recipes for Various Healthy Condition • Breakfast Juice Recipes • Juice Fast Recipes • Health Benefit and Juicing Recipes for Beets

On the other hand, if you have always thought that the term "fasting" means skipping meals, this e-book will change your perspectives. As you go through an exploratory mission in this e-book, you will discover that juice fast is a fun way to lose weight by simply consuming delicious, refreshing, and pure juice and vegetable drinks. To make the juice fast diet plan a successful one, you will also be guided on how to make an ideal and healthy juicing fasting plan, juicing diet plan and juice detox diet plan. With the right plan, juice fasting for weight loss will be whole lot of fun. Wait! Is "detox" a new word for you? It also mean cleansing. The sad truth about human beings is that they acquire harmful toxins in the body as they go through life. These toxin cause the most devastating disease that you have never expected you would have. To prevent them from causing harm to your body, try a juice detox or a juicing cleanse because they can save you. Want to experience a great life

transformation? Then why don't you try juice for life with the help of this e-book now? There are only three things that can do the trick: a glass, a juicer and a juice recipe.

Book Information

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Customer Reviews

I borrowed 6-8 juicing library books and this was the only one that I loved enough to go back and buy! LOTS of recipes. I got it for the kindle so I can easily search for a recipe looking for the ingredients that I happen to have on hand. If it wasn't for a book like this one I might not have fallen so in love with juicing. I juice almost every day. HIGHLY recommend this book for anyone who is new to juicing -- don't waste your time on books that aren't as big and don't have as many recipes.

Although not yet put to the test, the plethora of published recipes presents a list of let's-give-it-try juice ideas. A quick review indicates some ingredient portions (or lack thereof) may be inaccurate, thus requiring a bit of common sense. The author has provided an email address, so queries can be addressed directly if in doubt. Professional editing is also recommended.

If you like juicing this is a great book to start with, new recipes....

Make these recipes all the time!

This was a free download and it had some issues, so it was not very helpful.

Great juicing recipes, easy to make. Great instructions

Needed more juicing recipes. Easy and quick. Taste is good so that it is easy to keep using it to stay healthy.

Very good recipes to help keep yourself healthy day after day.

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